



2010-2013 Plan

“The Mission of the CYT is to help the Diocese of Christchurch share the Gospel message to young people and young adults; helping them become disciples of Jesus Christ, supporting them in their life journey and calling them to active and responsible participation in the life of the Catholic Church”.

Our guiding principals

- The CYT works for, and is obedient to, the Bishop of Christchurch
- We are a faith filled team
- CYT exists to achieve the NZ Bishops Conference goals for ministry to youth and young adults as specified in Tu Kahikatea ¹.
- We are a relational ministry
- Our work always aims to be of service to all those working with youth and young adults in the diocese including, but not limited to, Parishes, Schools and Ethnic Communities.
- We further recognize that many Catholic young people are in our Catholic High schools
- At all times we work in a spirit of Evangelisation

¹

Goal 1 - To empower young people to live as disciples of Jesus Christ in our world today.

Goal 2 - To draw young people to responsible participation in the life, mission and work of the Catholic faith community.

Goal 3 - To foster the total personal and spiritual growth of each young person.

- That young adult ministry is very important. Those aged 18-39 have wide ranging needs.
- In our work we seek to integrate the themes of comprehensive youth ministry as outlined in Tu Kahikatea²
- CYT always works according to the Standards and Policies approved the NZ Bishops Conference and the Diocese of Christchurch³

The following document is a 4 year plan to achieve the Bishops goals. This has been put together after consultation with those we work with, minister to and our own experience. We have identified the following areas to focus on in the next 4 years. The progress of this plan will be review regularly by the Youth and Young Adult Council.

Focus Areas

- Establishing a Mission Team for the Diocese – see attachment 1
- Theology of the Body for Teens – see attachment 2
- Catechesis
- Experiences of Justice and Service
- Working in a bi-cultural and multi- cultural context.

How we will meet this plan

Staffing

Manager – To hold and share the vision for Youth and Young Adult Ministry as specified above, to implement this plan and manage those who will assist in this implementation.

Young Adults worker – To plan, run and evaluate events for those aged 18-39. To help young adults to become responsible and active participants in the life and mission of the Catholic Church and to help grow Young Adult ministry in parish and pastoral areas.

² Developmentally Appropriate, Family / Whanau Friendly, Inter-generational, Bicultural, Multicultural, Collaborative / Community-wide, Leadership-oriented, Creative, Adaptable and Flexible, Diverse, Local, National and International.

³ NZ Bishop Conference Standards for Ministry with Young People.

Communications and Resources – To manage the communications that come out of the CYT office such as newsletters, advertising and resources. To manage our web presence and help Parishes have a web presence. To develop resources to support our mission, focus areas and parish ministries.

Mission Team – A team of Young Adults (3-4) will volunteer for a year as part of a CYT Mission Team. The team will live a common life of prayer, live in community together which will be a real witness of the faith to the young people of the Diocese. The team will work throughout the Diocese running school retreats, camps, and other events. The team will also be available to run sessions for youth groups. (It is intended that this team will operate from 2011)

Youth and Young Adults Council – This committee would exist to support the CYT and keep them accountable to this plan. The committee would help evaluate programs and provide support and encouragement. The Committee would also help in the employment process of team members and provide continuity.

Contexts

Tu Kahikatea stated that there are 5 contexts⁴ in which youth and young adult ministry happens. This plan will be broken into 3 of these contexts as we recognize that CYT themselves is one of the 5 contexts. We have not listed the Family / Whanau context but all of our works supports families in teaching their children the Catholic Faith. In each context we have listed the key areas in which we will work in over the next 4 years.

Parish / Pastoral Area / Ethnic communities

- Building relationships
- Ignite Leadership programme
- Parenting support
- Camps
- Resourcing and supporting
- Theology of the Body for Teens
- Diocesan Youth and Young Adult Masses
- Sancta Sanctis

⁴ Contexts – The Family / Whanau, The Parish Community, The Catholic School Community, The Young Adult Community, The Youth Serving Organisation.

Catholic Schools

- Building relationships
- Year 11 retreats
- A process for communicating to young people in our high schools who we are and what we offer

Young Adults

- WYD 2011
- Retreats
- Arise Young Adults Conference
- Formation
- Parishes
- Catholic Tertiary Chaplaincy
- Social Events

All our work and events contain one or more of the components⁵ of a Comprehensive Ministry as laid out in Tu Kahikatea.

⁵ Components - Advocacy, Catechesis, Community Life, Evangelisation, Justice and Service, Leadership Development, Pastoral Care, Prayer and Worship.

Staffing

| | | Action | Timeframe |
|--|---|---|---|
| Manager | Responsible for overseeing the CYT team and holding the vision. | Advertise and Appoint | Nov – Dec 2009 |
| Young Adults Worker | Responsible for ministry to Young Adults in the diocese. | | |
| Communication and resources | | <ul style="list-style-type: none"> Put together a job description Establish a communication plan appoint a staff member | Dec 2009 Jan 2010 |
| CYT Mission Team (See Appendix 1 for more information.) | | <ul style="list-style-type: none"> Seek Bishops approval for Mission Team Discuss with Diocesan Financial Director the possibility of a Diocesan property for the team to live in. Begin a recruitment drive Speak to schools and parishes about possible retreats and camps. Discuss and seek advice from other dioceses and organisations that have mission teams (e.g Hamilton Diocese, Canberra, NET Ministries) and find out about support structures and the best ways to manage the team. | Nov 2009 Beginning 2010 July 2010 Early 2010 Early 2010 |
| Youth and Young Adult Supervisory Committee | | <ul style="list-style-type: none"> Clarify the role of the committee Bishop to appoint committee members. | Dec 2009 |

Context

1. Parish / Pastoral Area / Ethnic Community

| Goal | | Action | Time frame |
|------------------------|--|--|---|
| Relationship Building | Continual relationship building with key stake holders in communities, youth leaders, young adults and young people. | <ul style="list-style-type: none"> • 1:1 meetings • Youth Leader network meetings. • Information nights. • Newsletters • Making Ethic Communities a focus group for relationship building. • Communication Pan • Speak to Parish Councils • Be a presence at Sunday Masses around the diocese. • Keep contacts up to date | <p>On going. Youth Leader network meeting once a term.</p> <p>3-4 times a year</p> <p>Make time to meet with each youth group leader and those working with young people in Ethic communities in the first half of the year. Communication plan completed by March 2010</p> |
| Resourcing and Support | Support parishes, pastoral areas and ethnic communities to help them with ministry to young people and young adults | <ul style="list-style-type: none"> • Placing paper resources on website for easy access. • Database of book and DVD resources. • Highlighting resources in 'Fuel Up' youth leaders bi-monthly newsletter • Put together resources as they require | <p>Website – Updated weekly</p> <p>Resources needed for 2010 - TOB for Teens - Justice and service activities and input. - How to be family friendly</p> |
| | Provide training | Sr Raylene Dwyer will teach YM101 and 102 during 2010. The | |

| | | | |
|--------------------------------|---|--|---|
| | | Diocese needs to think ahead to train others to teach these papers in the future. | |
| Ignite Leadership programme | The Ignite programme prepares young leaders to contribute to youth ministry in their Parish or community. The Ignite Leadership programme has been extended to a 3 year programme. Year 1 - Discipleship Year 2 - Leadership Year 3 - Apprenticeship | Run the Ignite programme, which will include a camp and at least 3 other day sessions. Follow up projects are completed by the young people in Parishes. As noted in our focus area, there will be a component on justice and service. | Information evening held for young people, youth leaders and parents at the end of January 2010 Ignite Camp held 19-21 st March, at Woodend. Youth leaders will also be asked to attend. Sessions for Yr 1 and 2 in each school holidays. Evening sessions once a term for those in Yr 3. |
| Theology of the Body for Teens | To provide training so Parishes can establish the Theology of the Body (TOB) programme in their local communities. | Inform parishes about the programme and speak with those Parishes interested. Hold an information evening for all interested. Potential leaders attend TOB information sessions with Family Life International (FLI). International Speaker Jason Evert visits Christchurch at the end of May 2010. (See appendix 2 for more information) | See attached plan for a detailed timeline February 2010 Leaders retreat March-May 2010 Parish formation April 2010 Handy hints for running the programme session. July 2010 Encourage Parishes to start TOB for Teens programme. Each year the Diocesan Office will make available training in running the programme and guidance for new leaders. |
| Parenting support | Look at ways we can support parents of | Talk to Catholic Social Services and Family Life International about | Conversation with Kim Olds from Catholic Social Services during |

| | | | |
|---|--|--|---|
| | teenagers. | possible programmes for Parents. Examples include communicating with teens, setting boundaries for teens, speaking about sexuality with teens and how to share the faith with teens. | 2010. By end of 2011 aim to be running 2 sessions for parents a year. These sessions would be available for Parishes to book and run independently. Work with supervisory committee to decide on the greatest needs each year. |
| Diocesan Youth & Young Adult (Dio) Masses | Provide 3-4 Dio Masses at the Cathedral each year. | | Palm Sunday and 2-3 others |
| Camps | Camps provide an excellent avenue for young people to encounter Jesus. In light of our focus area, each camp will incorporate a justice and service component. | Possible camps include: <ul style="list-style-type: none"> - Antioch for those in year 11-13 - Revolution for years 9-10 - JAM (Jesus and Me) for years 7-8 | <u>Camps scheduled for 2010</u> Antioch July 2-4 th Woodend Revolution September 24-26 th Woodend JAM not scheduled in 2010 (All of these camps may not happen in 2010 due to staffing.) |
| Sancta Sanctis (SS) | SS provides catechesis for youth and young adults in the diocese. SS also builds strong relationships between the Bishop and the young people of the Diocese. | In consultation with the Bishop, Sancta Sanctis will be held 3-4 times a year in Chch, South Canterbury and the Wes Coast. Topics to be discussed with Bishop Barry. | |

2. Schools

| Goal | | Action | Timeframe |
|---------------------|--|---|--|
| Build relationships | To continue building relationships with school communities to find out how we can better serve them and the young people in our Catholic High Schools. | Speak with principals, DRS and school chaplains about CYT and the proposed mission team. Establish the needs in each school and ask them to consider how the team could support the work they do. Work out what schools would pay for and how much. As example is year 11 retreats. | Contact made in early 2010 with School Principals, DRS and school chaplains. |
| Year 11 Retreats | | Offer year 11 retreats for all Catholic High schools in the Diocese. Consider contracting out these retreats to a third party as happened in the latter half of 2009. | Retreats booked by the end of 2009 |
| Year 8 Retreats | | Year 8 retreats will be put on hold until we have the staffing to run them. | |

3. Young Adults

It is hoped that in time young adult ministry will be established in Parishes. At this time we acknowledge that specific ministry to young adults aged 18-39 happens at a Diocesan level. We aim to provide a wide range of events and offer any support needed to those who wish to establish young adult ministry at Parish/Pastoral Area level.

| Goal | | Action | Timeframe |
|----------------------|---|---|---|
| World Youth Day 2011 | Plan and coordinate the Diocesan pilgrimage to Madrid 2011 <i>with the Manager.</i> | <ul style="list-style-type: none"> • Meeting with Parishes and Young Adults and informing them and the wider Diocese about the pilgrimage. • Assist with pilgrimage preparations and ensure people commit by a certain date. • Provide resources for Parishes and/or communities to offer pastoral preparation / fundraising ideas. • Hold a one year out event | Feb – June 2010 Ongoing, Sign up date 1 year out – Late August 2010 By Sept 2010 August 2010 |
| | Celebrate WYD 2010 | <ul style="list-style-type: none"> • Palm Sunday 2010 • Provide Resources for Parishes for this and investigate having Dio Youth and Young Adult Mass on Palm Sunday | Palm Sunday 2010 |

| | | | |
|-----------|---|---|---|
| Retreats | Offer weekend retreats for those aged 18-39. | <ul style="list-style-type: none"> • Retreat for those aged 17-24 • Retreat for those aged 25 – 39 | April and Oct, 2010 |
| Arise | Run a one-day conference for all young adults. | | Sat July 10 th , 2010 |
| Formation | Offer opportunities for Young Adults to grow in their knowledge of the faith / spiritual life. | <p>Continue to provide / advertise formation opportunities for Young Adults in the Diocese</p> <p>Consider starting Lectio Divina small groups with view to basing them in parishes.</p> <p><u>Theology on Tap.</u> Investigate a 4 week summer series of theology in a pub</p> <p>Continue to put resources on website</p> | <p>Ongoing</p> <p>February 2010</p> <p>February 2010</p> <p>Ongoing</p> |
| Parish | <p>Help those parishes with, or wanting to begin, a Young Adult Ministry.</p> <p>Support those leading Young Adult groups that are not parish based</p> | Building awareness through regular contact and meetings. | Ongoing |

| | | | |
|--|--|---|---------------------|
| | such as Soul Food and Daughters of the King. | | |
| Relationship with Catholic Tertiary Chaplaincy (CTC) and other organizations impacting on Young Adults | CTC is the Diocesan Chaplaincy to Young Adults at University. | Meet early in 2010 to build relationships, to share each others plans for the year, to consider ways of working to together where appropriate and to ensure open communication channels | Early February 2010 |
| Social Events | Events for Young Adults to gather socially in a safe environment | Investigate events such as Soiree, Dinners, Coffee after Youth Mass. | March 2010 |
| Vision | With the Director continue to develop a vision / strategy for YA ministry in the Diocese based on Tu Kahikatea | | Ongoing |

Appendix 1

Christchurch Diocese Youth Mission Team

What – A team of Young Adults (3-4) will volunteer for a year as part of a CYT Mission Team. The team will live a common life of prayer, in community together which will be a real witness of the faith to the young people of the Diocese. The team will work throughout the Diocese running school retreats, Diocesan camps, and other events. The team will also be supporting youth groups and be available to run sessions for youth groups. The team will be visible in Parishes and will be available to travel to regional areas.

The reason

Young adults are looking for a way to serve and have an experience of mission. Young people working with other young people is powerful way of proclaiming the gospel to this generation. The witness of people living in community and having a life of prayer can be life changing for others as well.

The CYT have been reflecting on the best way to serve our Parishes and schools.

- For many years we have been running year 11 retreats for our high schools. We are restricted when we run these retreats as we use University students to staff retreats. Retreats therefore can only be run in University holidays. These dates do not suit all schools and this year it made it impossible for us to run retreats for one school. A mission team will also allow us to have more of a presence in our Catholic High schools. In the feedback we received, a high percentage recognized that many of our young people are not at Mass on Sundays yet are attending our high school.
- CYT do not have the resources to travel regularly to South Canterbury and the West Coast. The mission team would be available to more frequently travel to these and other areas to run programmes or to have a presence.
- Another problem we have been facing is the lack of trained and experienced people to do youth ministry. A mission team will be able to combine skills and strengths to create a dynamic ministry as well as creating a training ground for youth workers and leaders of the future.

How

- The team would be made up of 3 -4 team members who commit to the team for one year .
- They would begin training in mid January and finish for the year in mid December.

- The Mission teams work will be booked through the CYT office for schools and parishes.
- For every event, a contact person will be appointed from the team to make the necessary arrangements and communicate to those required.
- The team will work together to plan the content of the programme for the events.
- For larger events this will be done in consultation with CYT manager.
- Final camp plans etc will be signed off by the CYT manager.

Training

- Each team member will attend the Hearts Aflame Summer School in January.
- Following this they will have 2 weeks of practical training on youth ministry and begin living together in community once they return to Christchurch.
- They will have monthly training and formation days. Each member will have a spiritual director and supervision.
- All members will complete 1 paper towards the Diploma in Catholic Youth Ministry.

What will they do?

- Firstly they will be a witness by the way they live their life, their prayer life and their commitment to their faith.
- They will attend Sunday Masses all over the diocese where they will meet and build relationships with young people and young adults.
- They will work in the schools and be available to help with school retreats. They will share their testimony in RE classes and build relationships with students at lunch breaks.
- They will run diocesan camps, Sportsnight, Sancta Sanctis, Youth Masses and other CYT events.
- They will help the CYT Manager run the Ignite Leadership programme.

Timetable

- The team would attend Masses across the diocese each Sunday
- The team will have one day off a week. After camps several days off will be required.
- During the week they will work in the schools and complete preparation during the day for CYT events. In the evenings they will be available for meetings and events.

- Each day team members will have a time personal prayer, team prayer each day and attend Mass where possible. They will have common meals each day and community time once a week.
- The team will have 2 weeks holiday during the year.
- The team will have several team retreat days throughout the year and monthly training and formation sessions.

What would the team need?

- Access to a computer and internet. – They would come into CYT office to do most of their preparation.
- House hold requirements such as beds, furniture, kitchen equipment. (These could be sourced by asking members of the Parishes.)
- A spiritual director / supervisor each.
- A car which will be the current CYT Van
- Household Petty Cash and Budget

Appendix 2

CYT Theology of the Body for Teens Plan

September – November 09

- Invite Parishes find 4 leaders who are willing or interested in taking part in the programme.
- Leaders could include, married couples young and older, single young adults and religious.

February 2010

- Run a retreat for interested leaders by John O'Connor

February - April

- Leaders take part in back ground training and put together for their local Parish community.
- Speak to John and Celia Kennedy about the best way to approach this.
- Good resources are made available on the web.
- Leaders to have watched the TOB for teen DVD's together and worked through some of the discussion and questions.
- Run a session with Chelsea and Joseph on helping hints of running the programme.

May

- Jason Evert in Chch for training and presentations to young people.

June – July

- Start parish based programmes

Continual work

- Keep Resources up to date on line.
- Gathering all leaders from parishes together to share experiences after running the programme.
- Develop other young leaders to run the programme.
- Plan for diocesan on going training. Work closely with FLI for training opportunities.
- Parishes are encouraged to purchase their own resources.